



Sandwiches

Grilled Cheese Panini - \$3.99

Your choice of whole grain or white bread with cheddar cheese, grilled to perfection.

Ham & Swiss Panini - \$4.99

Your choice of whole grain or white bread layered with black forest ham, swiss cheese, red onion and tomatoes.

Pastrami & Havarti Panini - \$5.99

Your choice of whole grain, rye or white bread layered with pastrami, havarti cheese, tomatoes, red onion and stone ground mustard.

The Italian Panini - \$5.99

Your choice of whole grain or white bread brushed with garlic butter and layered with salami, pepperoni, mozzarella cheese, tomatoes, red onion and fresh basil.

Roasted Vegetable & Feta Panini - \$5.99

Roasted red & green peppers, onions, mushrooms and garlic topped with feta cheese and served on olive and feta focaccia bread. Black olives are free for the asking.

Chicken, Cheddar & Bacon Panini \$5.99

Oven roasted chicken breast, cheddar cheese, bacon, tomatoes & red onion grilled on a fresh ciabatta bun.

Bacon, Lettuce & Tomato - \$3.99

A classic favourite... served on your choice of bread, plain or toasted.

Tuna Salad - \$3.99

White tuna, light mayo and chopped celery on your choice of bread, plain or toasted.

Add a side broccoli & cheddar soup, soup of the day or garden salad to your sandwich for \$2.99

Add a side caesar, greek or raspberry & almond salad to your sandwich for \$3.99

Wraps



Chicken Caesar Wrap - \$5.99

Grilled chicken breast, bacon, cheddar cheese with our signature caesar salad, served grilled or cold.

Roasted Vegetable & Feta Wrap - \$5.99

Roasted red & green peppers, onions, mushrooms and garlic topped with feta cheese, served cold or grilled. Black olives are free for the asking.



Soups & Breads



Broccoli & Cheddar Soup or Soup Of The Day (ask your server)

Full Size - \$4.99 Half Size - \$2.99

French Onion Soup... \$5.50

Onion soup topped with seasoned croutons and mozzarella cheese.

Garlic Bread \$ 2.99

Fresh white loaf brushed with garlic butter and toasted golden brown.

Add a blend of mozzarella and cheddar cheese for \$2.50.

Salads



Garden Salad – Full Size \$5.99...Half Size \$2.99

Fresh iceberg lettuce with a touch of red cabbage topped with peppers, red onion, tomato and cucumber and your choice of ranch, french, Italian, 1000 island, blue cheese or raspberry vinaigrette dressing.

Caesar Salad – Full Size \$6.99...1/2 Size \$3.99

Romaine lettuce, parmesan cheese, bacon and seasoned croutons tossed in our own homemade

Caesar dressing...garlic lovers rejoice! Add grilled chicken for \$3.00

*our dressing is made daily with fresh eggs (alternative *Renee's* dressing)

Greek Salad – Full Size \$6.99...Half Size \$3.99

Iceberg lettuce, tomato, peppers, red onion, feta cheese and black olives tossed in a greek & feta dressing.

Raspberry & Almond Salad - Full Size \$6.99...Half Size \$3.99

Spring Mix with fresh raspberries, mushrooms, cucumber and toasted almonds served with a raspberry vinaigrette.

Tuna Salad – Serenity Style \$6.99

A bed of iceberg lettuce, tomatoes, red onions and cucumbers served with tuna salad (tuna, light mayo and celery) and your choice of salad dressing on the side.

Desserts



Biscotti – ask your server for flavours – \$2.99

Apple Crisp – made fresh daily - \$3.99

Belgian Chocolate Truffle Cake - \$2.99

Carrot Cake – made fresh daily with walnuts & cream cheese icing - \$3.99

(add vanilla ice cream to your dessert for .75 cents)

